## Suggested Goals for your Individual Development Plan

Use the My Plan tool at imaginephd.com to create an individual development plan that contains your self-defined goals and establishes a timeline to achieve them. Goals that are “SMART” - Specific, Measurable, Attainable, Realistic and Time-based are more likely to happen. Consider the following suggested goals when creating your plan.

### Degree Completion Goals

- Advisor Determined
- Committee Formed
- Coursework Complete
- Cross-Disciplinary Courses Completed
- Dissertation Defense
- Dissertation Fellowship Application Due
- External Committee Members confirmed
- Fellowship Applications Due
- Language Requirements Completed
- Plan for Dissertation completion
- Prospectus Submitted
- Qualifying Exams
- Research Methods Complete
- Review Program Requirements/Milestones
- Teaching Requirements Completed

### Skill Development Goals

- Conference Planning Committee
- Design Survey
- Design Syllabus
- Facilitate Discussion
- Find resources on campus to learn or strengthen skill
- Guest Lecture in another course
- Have faculty observe teaching
- Lead lecture
- Lead Workshop or Program on Campus
- Leadership Opportunity
- Learn about negotiation
- Learn Excel
- Learn HTML
- Practice interviewing
- Practice job talk
- Practice talking about transferable skills
- Pursue “Instructor of Record” teaching opportunities
- Serve on a Committee
- Work on a team to solve a problem
- Work on Campus
- Write Assessment Questions
- Write Fellowship Application
- Write or co-write Grant Proposal

### Career Development Goals

- Conduct Informational Interview
- Create LinkedIn Profile
- Update LinkedIn Profile
- Update Resume and CV Simultaneously
- Networking Event: Name/Date/Title
- Join Professional Society
- Attend Conference
- Do an Internship
- Publish a Paper
- Review papers for a conference/journal
- Present at a Conference
- Edit a Journal
- Attend career panels, talks and presentations across campus
- Keep in touch with contacts from undergraduate institution
- Keep in touch with contacts from past jobs or volunteer opportunities
- Let network contacts know you are looking for a job
- Attend job talks in your field
- Create a Teaching Portfolio
- Update Teaching Portfolio
- Explore positions or postdocs of area of interest
- Keep references/recommenders informed of your progress
- Identify new mentors as needed for career goal

### Personal Development Goals

- Physical Wellbeing: Exercise, Eat, Sleep
- Financial Wellbeing: Balance Budget, Pursue Additional Funding, Manage Debt
- Social Wellbeing activity
- Identify top priorities that inform career decisions

### Money / Funding Goals

- Develop financial strategy
- Dissertation Fellowship Application Due
- Explore possible internal and external grants/fellowships
- Identify student loan repayment or deferment options

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